

From the chair of our hygienists

Dental plaque is a nasty goo produced by the bacteria that live in our mouths. This goo contains food particles and bacteria by the billions along with the nasty products that they excrete—inflammatory toxins that cause inflammation (gingivitis) and acids that cause tooth decay. As the plaque sits on the teeth and root surfaces, it calcifies and hardens. It turns into tartar or dental calculus. The calculus is rough and encourages the formation of more plaque and more deposits of calculus.



Plaque and calculus accumulate over time and cause an inflammatory reaction of the gum tissues. The gum inflammation may progress down the root surfaces and cause bone loss and eventually the loss of teeth. Not only that, but gum disease can affect distant organs and researchers are finding connections to coronary artery disease and diabetes.

Our job is to remove the plaque and calculus from your teeth and to teach you to remove the plaque from your teeth every day. We want to help maintain your teeth and your health. Most people need a thorough cleaning every 3-6 months.

Barbara and Beth

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Michael J. Gibbons, D.M.D.

Inside this Issue

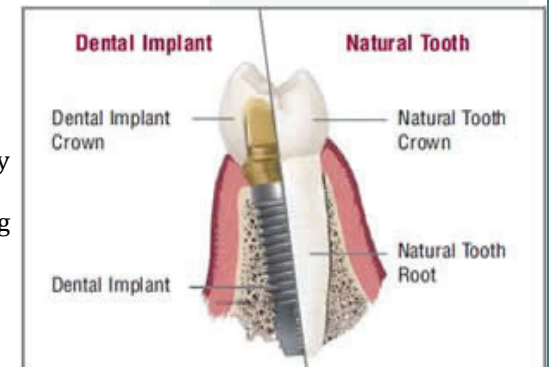
| | |
|------------------------|---|
| Prosthodontics:defined | 2 |
| Onsite Laboratory | 2 |
| Teeth Whitening | 2 |
| Patient Comfort | 3 |
| Doctors Corner | 3 |
| Hygienists | 4 |

WHAT'S THE STORY WITH DENTAL IMPLANTS?

They're not really new. Thousands of years ago, South American Indians pounded pieces of seashells into jaws to replace missing teeth. Some of them actually worked! In the last century, a few dentists in this country placed various types of dental implants. They were done without scientific research—some were successful, most were not.

In the early 1980's, Dr. Branemark in Sweden began to publish his work with titanium dental implants. This was the first real scientific research with carefully documented techniques and results showing high rates of success. Titanium implants were placed in the front of the lower jaws of people without teeth. Long-term success rates of about 98% were achieved. The implants were used to support an entire arch of lower teeth. These techniques are still in common use today and they continue to be successful. I see patients in my practice with implants done 30 years ago—still enjoying the use of their implants.

Much additional research has been done and the success rates of dental implants continue to improve. Today, we are using dental implants for a variety of purposes. Dr. Branemark initially placed the implants only in the front of the lower jaw. Now, implants are placed in all areas of the mouth. They can be used to help replace a single tooth or group of missing teeth. Implants can be used to anchor or support removable dentures. Implants are even being used by orthodontists to provide anchorage in order to move teeth.



Dental Implants – Most Like Nature!

In future newsletters, I will explain how implants are placed by the surgeon and used by the restoring dentist—prosthodontist and how teeth are built upon implants. If you have questions, please call me or my staff and we will be happy to answer them.

Written by

Michael J. Gibbons, D.M.D.



“Excellence in Dentistry”

Prosthodontics: defined



A prosthodontist is a dentist who specializes in the art and science of aesthetic and reconstructive dentistry.

Prosthodontists must complete an additional 3 year residency of specialty training after earning a dental degree. Training to become a prosthodontist includes clinical and classroom preparation in treatment of full mouth reconstruction, dental aesthetics, function of human bite, tooth and jaw disorders, head and neck anatomy and biomedical sciences. Dr. Gibbons focuses on the diagnosis, treatment, maintenance, oral function, comfort, appearance and health of his patients.

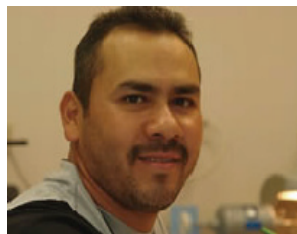
Prosthodontists have mastered a number of rehabilitative and aesthetic procedures including crowns, bridges, veneers, partial and complete dentures, dental implants, and full mouth reconstructions.

Onsite Laboratory

E-mail our office at:
jfinegl@yahoo.com

For the convenience of our patients, Dr. Gibbons' office has an onsite laboratory which allows for expedited repairs and fabrication of crowns, bridges, partials, and dentures.

Rodrigo, our lab technician, has trained under Dr. Gibbons for the past 15 years. He excels at acrylic work and gold castings.



Rodrigo Ruiz
Laboratory Technician

What is the best way to bleach my teeth?



Dr. Gibbons has introduced a new bleaching process which has been extensively researched and developed by Dr. Rod Kurthy, the KOR whitening deep bleaching system. There are no lights or "razzle dazzle", just whiter teeth.

Please feel free to contact us. We would be happy to answer any questions you might have and get you started with your bleaching experience today. Call before October 31st and receive \$100 off our KOR whitening deep bleaching system.

Comfort for our patients

Comfort for our patients is our number one goal. From the moment you walk into our beautiful office, you are led to an unmatched experience of scenic and calming views from each window.

Our receptionists, assistants and hygienists are highly trained and experienced. They are here to serve as your advocate and to make your experience as pleasant as possible



Doctors Corner

We all have choices in the professional services that we seek. It is important to feel comfortable with the professionals who care for you whether it is your physician, your accountant, your attorney, and especially your dentist. I want you to know how much I appreciate the fact that you have chosen my practice to provide your dental care. Thank you.

My job is to help maintain your oral health, repair what is broken and replace what is missing. I have advanced training and many years of experience in prosthodontics which includes implants, crowns, bridgework, and "cosmetic dentistry."

In this brief newsletter, I wrote a small section about dental implants. In future newsletters I will be more specific about how dental implants can be used.

I also plan to include messages from other health care professionals with information that you can use.

If I or any member of my staff can be of help to you, please don't hesitate to call or e-mail.

Sincerely,
Michael J. Gibbons, D.M.D.

**Did you know?
One American dies every hour from oral cancer.**

